

BREAKFAST WRAPS

SMALL

610-1000 cals per person
{serves 8-10}

assortment of 16 half wraps, pick up to 2 different options

LARGE

610-1070 cals per person
{serves 15-20}

assortment of 32 half wraps, pick up to 4 different options

BREKKIE WRAP

scrambled egg, provolone, arugula, avocado pesto**, choice of turkey, ham, prosciutto or bacon

CHEAT DAY WRAP

scrambled egg, bacon, white cheddar, avocado, tomato, brown rice, choice of turkey or ham

SUBSTITUTES:

whole wheat or gluten free wrap

BREAKFAST BOWL

505-710 cals per person
{serves 8-10}

BREAKFAST BOWL

grilled chicken or steak, scrambled egg, avocado pesto**, roasted vegetables, marinated tomato, brown rice

HOT COFFEE

96 oz. | regular or decaf
5 cals per person

(served with half + half)
non-fat, soy or almond milk

WE HAVE OPTIONS FOR EVERY/BODY

Please allow 24 hours' notice when ordering so we can guarantee your order.

In a pinch + need something last minute? Give us a ring + we'll see how we can help.

Cancellations must be made 4 hours prior to pick up or delivery time. Cancellation charges may apply.

FRESH JUICES

GALLON JUICE OF CHOICE

95-250 cals per person
{serves 8-10}

POWER GREEN

kale, cucumber, celery, apple, ginger, parsley, lemon

KALE CLEANSE

kale, orange, apple, lime, ginger

COLD BUSTER

carrot, orange, ginger, turmeric, lemon

DAILY DETOX

golden beet, apple, ginger, lemon, orange, parsley, aloe vera

COOL DOWN

watermelon, pineapple, apple, lime, ginger

SLIM SQUEEZE

pear, strawberry, orange, apple, kiwi, lemon

All juices are:



GALLON LEMONADE

5-255 cals per person
{serves 8-10}

traditional, Stevia, or seasonal

BOTTLED WATER

GALLON ICED TEA

10-20 cals per person
{serves 8-10}

assorted flavors

PARFAITS

280-380 cals per person

PB + J GREEK YOGURT

non-fat Greek yogurt, stevia, all-natural peanut butter, sugar free strawberry syrup, strawberry, blueberry, banana, granola

COCONUT CHIA PUDDING

chia seed, coconut milk, strawberry, blueberry, shredded coconut, agave nectar, granola

SUBSTITUTE: gluten free granola

DIETARY KEY

= gluten free = vegetarian = vegan

ALLERGY WARNING: Although efforts are made to avoid cross-contact of allergens, we cannot guarantee that food items will not inadvertently come in contact with one another during preparation. ***NOTICE:** Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. ****Avocado Pesto Contains Cashew**
© ChopShop Holdings, LLC All Rights Reserved 11.1.2022



feel good CATERING MENU

BREAKFAST | LUNCH | SNACK | DINNER

Join chops catering rewards to earn 10% back on a visa gift card!

Sign up + place your order at:
ORIGINALCHOPSHOP.COM/CATERING



SALADS

add chicken or tofu / steak or shrimp*

Add or Protein

SIDE CHOP

120-235 cals per person
{serves 8-10 as a side}

FULL CHOP

295-590 cals per person
{serves 8-10 as a meal}

GREEK-ISH GF VEG

house greens, chickpea, roasted red pepper, kalamata olive, feta, banana pepper, cucumber, onion, lemon vinaigrette

KALE CAESAR

kale, romaine, marinated tomato, crouton, corn, golden raisin, parmesan, lemon-dijon dressing

CITRUS THAI GF VEG V

house greens, orange segments, roasted red pepper, pickled carrot, jicama, cucumber, green onion, peanut, cilantro, sesame seed, Thai peanut dressing

DANISH GF VEG

house greens, arugula, smoked almond, Danish bleu, pear, apple, black currant, date, red wine vinaigrette

AMERICAN GF

house greens, marinated tomato, green onion, cucumber, corn chips, bacon, white cheddar, egg, thousand island

RAW VEGETABLE GF VEG

house greens, pickled carrot, marinated tomato, avocado, broccoli, cauliflower, cucumber, corn, smoked almond, parmesan, red wine vinaigrette

BEET GF VEG

house greens, arugula, golden beet, apple, goat cheese, cashew, golden raisin, red wine vinaigrette

BBQ RANCH GF VEG

house greens, white cheddar, corn, green onion, marinated tomato, corn nuts, cilantro, BBQ ranch

ADD EXTRA DRESSING



BOWLS

425-880 cals per person {serves 8-10}

MADE FOR YOU

HOT HONEY CHICKEN + HUMMUS

brown rice, house greens tossed in red wine vinaigrette, cucumber, marinated tomato, banana pepper, red pepper hummus, hot honey sauce, Greek yogurt sauce, house-baked tortilla chips sprinkled with parmesan

CHOP-RITO CHICKEN WITH SALSA ROJA GF

jasmine rice, black beans, corn pico, salsa roja, jalapeño goat cheese spread, white cheddar, cilantro

MAKE IT ORIGINAL

TERIYAKI CHICKEN

avocado, brussels sprout, sesame seed

THAI COCONUT CHICKEN GF

peanut, cilantro

GREEN CURRY CHICKEN GF

green onion, cilantro, sesame seed

RED CHILI LIME SHRIMP* GF

cilantro, green onion

SPICY KOREAN STEAK GF

green onion, bok choy, sesame seed

BASE YOUR BOWL

ALL BOWLS SERVED WITH
roasted broccoli, onion, carrot

CHOOSE FROM

brown rice, jasmine rice, sweet potatoes,
black beans or upgrade to cauliflower rice

ADD EXTRA SAUCE

ADD EXTRA PROTEIN

SHOP-BAKED COOKIES

125-135 cals per person

SMALL COOKIE BOWL
(20 mini cookies)

LARGE COOKIE BOWL
(40 mini cookies)*

ORIGINAL BOX LUNCHES

OPTION 1

½ wrap or sandwich
520-765 cals

OPTION 2

whole wrap or sandwich
835-1255 cals

{choose whole wheat wrap or gluten free wrap}

ALL BOX LUNCHES ARE SERVED WITH:

kettle chips or fruit, mini cookie + pickle

must purchase a minimum of 10 box lunches

SANDWICHES

SMALL

410-980 cals per person
{serves 8-10}

assortment of 16 half wraps
or sandwiches, pick up to
2 different options

LARGE

410-1045 cals per person
{serves 15-20}

assortment of 32 half wraps
or sandwiches, pick up to
4 different options

THE CLUB

turkey, bacon, provolone, tomato, onion, house greens,
avocado pesto**, red wine vinaigrette, multi-grain

MOROCCAN TURKEY

turkey, avocado, roasted red pepper, red grape,
cucumber, house greens, Greek yogurt sauce,
red wine vinaigrette, multi-grain

GRINDER

ham, turkey, salami, provolone, mayo, tomato, house
greens, onion, banana pepper, red wine vinaigrette,
multi-grain

CHICKEN + PROSCIUTTO

grilled chicken, prosciutto, fontina, arugula, fig mostarda,
dijon, house bun

GRILLED STEAK

grilled steak, caramelized onion, fontina, arugula,
apple, mushroom, horseradish crème, soy sauce,
house bun

VEGGIE WRAP

house greens, pickled carrot, marinated tomato,
avocado, broccoli, cauliflower, cucumber, corn,
red pepper hummus, smoked almond, parmesan, red
wine vinaigrette

SUBSTITUTES: whole wheat or gluten free wrap

SNACKS

SMALL

65-270 cals per person
{serves 8-10}

LARGE

65-290 cals per person
{serves 8-10}

ORIGINAL DIPS + CHIPS 100-580 cal

choice of JALAPEÑO GOAT CHEESE SPREAD GF VEG,

RED PEPPER HUMMUS or SALSA ROJA GF VEG V

+ choice of HOUSE-BAKED TORTILLA CHIPS

sprinkled with parmesan VEG or RAW VEGGIES V

KETTLE CHIPS GF 130-150 cal